

Cairns TAFE Community Child Care Centre Week's Menu

30/09/2019 to 06/10/2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	<ul style="list-style-type: none"> Fruit, Vegetable and cheese Platter milk, reduced fat Cheesy Ham and Egg poppers 	<ul style="list-style-type: none"> Fruit, Vegetable and cheese Platter milk, reduced fat Yoghurt 	<ul style="list-style-type: none"> Fruit, Vegetable and cheese Platter milk, reduced fat Toast with sardines, cheese, hummus or beef 	<ul style="list-style-type: none"> Fruit, Vegetable and cheese Platter milk, reduced fat Mini Muffin Pancake Bites 	<ul style="list-style-type: none"> Fruit, Vegetable and cheese Platter milk, reduced fat Ham and Cheese Scrolls
Lunch	<ul style="list-style-type: none"> Assorted sandwiches 	<ul style="list-style-type: none"> Better Than Take Out Chicken Fried Rice 	<ul style="list-style-type: none"> Assorted pizzas 	<ul style="list-style-type: none"> Cowboy Pasta Salad 	<ul style="list-style-type: none"> Assorted wraps
Alternate Choice	<ul style="list-style-type: none"> Sandwiches or rice crackers with assorted toppings 	<ul style="list-style-type: none"> Sandwiches or rice crackers with assorted toppings 	<ul style="list-style-type: none"> Sandwiches or rice crackers with assorted toppings 	<ul style="list-style-type: none"> Sandwiches or rice crackers with assorted toppings 	<ul style="list-style-type: none"> Left Overs
Nursery Lunch Only	<ul style="list-style-type: none"> Mashed Mixed Vegetables 	<ul style="list-style-type: none"> Mashed Mixed Vegetables 	<ul style="list-style-type: none"> Mashed Mixed Vegetables 	<ul style="list-style-type: none"> Mashed Mixed Vegetables 	<ul style="list-style-type: none"> Mashed Mixed Vegetables
Afternoon Tea	<ul style="list-style-type: none"> Fruit, Vegetable and cheese Platter Homemade egg custard 	<ul style="list-style-type: none"> Fruit, Vegetable and cheese Platter Lemon No Bake Balls 	<ul style="list-style-type: none"> Fruit, Vegetable and cheese Platter Peanut butter dip with crackers 	<ul style="list-style-type: none"> Fruit, Vegetable and cheese Platter Yoghurt 	<ul style="list-style-type: none"> Fruit, Vegetable and cheese Platter Frozen Fruit Crush
Late Afternoon Snack	<ul style="list-style-type: none"> Boiled eggs and carrot sticks 	<ul style="list-style-type: none"> Sandwiches or rice crackers with assorted toppings 	<ul style="list-style-type: none"> Peanut butter dip with fruit sticks 	<ul style="list-style-type: none"> Boiled eggs and carrot sticks 	<ul style="list-style-type: none"> Sandwiches or rice crackers with assorted toppings

