



Cairns TAFE Community Child Care Centre

SEPTEMBER 2019

OFFICE NEWS

ANNUAL WORKING BEE

This year's annual working bee will be held on
Saturday 12th October 2019

8am – 1pm

We will be cleaning the internal parts of the centre including walls, windows and storerooms this year

This is a great way to reduce your Maintenance levy, get to know your child's room and Educators and meet other parents.

Children are welcome under the supervision of their parents

REMINDERS

- Don't forget to put in holiday forms or contact the centre if your child is staying home during school holidays
- **Families who are heading off to school next year need to start considering when their last day at the centre will be (children can attend care right up to their first day at school)**
- Sign up for our Working Bee in the front office
- **Families need to consider their child care needs for 2020 and notify office staff if they are looking to change, decrease or increase their booked days.**
- **School Leavers Tip:** If you will be requiring Before or After School Care in 2020 we suggest you organise this now with your nominated school as places in these programs are limited

Check out our back page for local events etc happening in the region

Cheers
Michelle

REMINDERS FOR FEBRUARY

- **CALL THE CENTRE IF YOUR CHILD IS GOING TO BE ABSENT**
- **LIKE US ON FACEBOOK**
- **CHECK YOUR EMAIL FOR YOUR FEE REMINDERS**
- **NEXT MARKET DAY 26th SEPTEMBER, SEND ALONG A PLATE.**

DATES TO REMEMBER FOR THE REMAINDER OF 2019

SCHOOL HOLIDAY'S

Mon 20th Sept to Sun 6th Oct

QUEENS B'DAY PUBLIC HOLIDAY

Monday 7th October

WORKING BEE

Saturday 12th Oct

CHILDREN'S XMAS PARTY

Thursday 12th December

XMAS SCHOOL HOLIDAYS

Monday 16th Dec 2019 – Tuesday 28th Jan 2020

CTCCCC'S CHRISTMAS CLOSURE

Last Day Friday 20th Dec 2019 – Return Monday 6th Jan 2020

Parent Committee Meeting

Our next Parent Committee Meeting will be held
Monday 23rd September at 5.30pm

All parents and guardians welcome

Child minding will be provided, please email us in advance if you will be requiring car on the night.

DIRECTOR'S NEWS

BIRTHDAY CAKES

With the review of our Health, Hygiene and Safe Food Policy we have made a change to our birthday celebrations.

Please note the extract below from our revised policy

To prevent germs spreading when a child blows out birthday candles, birthday cakes brought to the centre must be:

- separate cupcakes for all children including one with candles for the birthday child or
- a large cake that can be cut and shared with candles in one piece for the birthday child

IMMUNISATION REGISTER

DUE TO REGULATIONS WE ARE ASKING THOSE FAMILIES THAT HAVEN'T PROVIDED A COPY OF THE AUSTRALIAN IMMUNISATION REGISTER HISTORY FOR THEIR CHILD TO PLEASE DO SO.

A PHOTOCOPY OF THE IMMUNISATION RECORDS FROM THE REDBOOK ISN'T ENOUGH.

TO FIND YOUR CHILD'S AUSTRALIAN IMMUNISATION REGISTER HISTORY LOGIN TO YOUR MYGOV AND PROCEED TO MEDICARE. PLEASE PRINT OR EMAIL A COPY OF YOUR CHILD'S UPDATED REGISTER.

HAPPY BIRTHDAY!!

Happy Birthday this month to the Kindy children **Rihoka, Cienna, Jenaya, Christine and Zyon!!**

And to **Hugh and Kimberley** in the nursery who have been transitioning to the toddler room

**Cheers
BARB**

STAFF NEWS

Kathy will be on leave during the school holidays, the last week of September and the first week of October. Yukari will be stepping up as the lead educator and Yasmin and Reiji will be working with her during this time.

EDUCA

Its been great to see more and more families commenting on Educa.

Educators love seeing your comments and it gives them a great sense of pride to see families engaging with their children's online journals.

So once again I ask you not to be shy and share with us, tell us what your child has been doing at home, with grandparents, aunts, uncles and friends....and be assured that your comments are private and can only be seen by the centres Educators this includes comments on a group story, other families don't have access to your comments!

PHILOSOPHY REVIEW

THE EDUCATORS HAVE BEEN MAKING SOME CHANGES TO THE CENTRE PHILOSOPHY. THE RECENT REVIEW WAS TO ENSURE WE WERE COMMUNICATING OUR VALUES CLEARLY THROUGH OUR PHILOSOPHY. PLEASE HAVE A LOOK AT OUR NEW AND IMPROVED PHILOSOPHY AT THE END OF THE NEWSLETTER AND ON OUR EDUCA POLICY PAGE.

WE WOULD VALUE ANY FEEDBACK VIA EDUCA OR EMAIL. THANKYOU

FUNNY FOOD FACTS

Meal times are a great time to remind kids that foods are actually very interesting and fun. It's also a great way to have conversations about eating healthier foods and trying new things.

Here are some food facts you can share with your children

DID YOU KNOW???

- apple is made of 25% air, that is why they float.
- avocado has the highest protein and oil content of all fruits, but most of this is the healthier unsaturated type.
 - cabbage is 91% water.
- carrots were originally purple in colour, changing in the 17th Century to orange with newer varieties.
- celery requires more calories to eat and digest than it contains.
 - cherries are a member of the rose family.
 - corn always has an even number of ears.
- eggplants are actually fruits, and classified botanically as berries.
- lemons contain more sugar than strawberries.
- peanuts are legumes and not a tree nut.
- pear is a fruit that ripens from the inside out.



Why don't you try a new fruit or vegetable this week? Ask children to help wash fruits and vegetables before or try cutting fruits and vegetables into different shapes to make them fun and entice fussy eaters.

Next Market Day will take place on Thursday 26th September

[Follow our Facebook page for Market Day updates and recipe ideas](#)

SEMOLINA PUDDING (SERVES 5)

This is a big fav in our family with my two eldest nieces recently telling me it was their favourite thing about babysitting my daughter 😊

Ingredients

500ml of milk

150g semolina

30g sugar

1 teaspoon vanilla extract

Fruit of your choice to serve

Method

Heat the milk gently in a large saucepan on a medium heat until it's just beyond body temperature.

Pour the semolina into the milk and using a metal whisk gently stir the milk and semolina continuously. Keep the saucepan over the heat but turn it down slightly. Keep on stirring until the semolina pudding thickens and begins to bubble. It should take approximately 7 minutes or so.

Stir in the sugar and then the vanilla extract. You can immediately serve this pudding OR you can pour the contents into a greased heavy baking dish and bake in the oven for 20 minutes at 200 degrees Celsius (fan oven). This creates the magic, caramelised skin on top.

We prefer it served cooled with pureed fruit.



Until next month stay healthy, Michelle, Barb and Reiji

Nursery Natter

Hi all, it is Spring and what a beautiful time of the year.

We would like to welcome Hannah and Charlotte and their wonderful families to the nursery room.

Please remember we have an open-door policy so please feel free to talk to myself or Yukari if you have any questions.

In early childhood settings children develop a sense of **belonging** when they feel accepted, develop attachments and trust those that care for them. As educators we support children's secure attachment through consistent and warm nurturing relationships. When children feel safe, secure and supported they grow in confidence to explore and learn.



Reference: Theorist John Bowlby's 'Attachment Theory'- Having a caregiver who provides consistent, responsive care helps children to learn to recognize the nature of their own emotions, and to regulate their own behavior and emotional states. The more secure the child feels the more energy and enthusiasm they have to be curious, to learn, to seek understanding and to try and make sense of their world.

Some of our activities can sometimes become very messy (Painting, Water play, gardening) so just a reminder to always put spare clothes in your baby's bag and make sure all your babies belongings are labelled with their name and please include a wet bag for soiled clothes.

Until next time...Kathy and Yukari

Toddler Torque

Hi families it's already September and Spring, a brand new season! The children were fortunate to have had a hands on experience with little chicks and baby ducks thanks to Lachlan and his Mum Kristen for bringing them in to meet all the curious toddlers.



Book week

Here at daycare we celebrated book week with a dress up day, lots of children came dressed in costumes relating to their favourite book.

Please feel welcome to borrow books from our children's library located in the foyer, the books were originally donated by the Let's read program, our centre also donates books to the library.

Reading Tips for Parents of Toddlers

Being a toddler is all about **action**. Encourage continued language development and interest in books and reading by keeping things lively and engaging. The tips below offer some fun ways you can help your child become a happy and confident reader. Try a new tip each week. See what works best for your child. Don't expect your toddler to sit still for a book. Toddlers need to **move**, so don't worry if they act out stories or just skip, romp, or tumble as you read to them. They may be moving, but they are listening.

Recite rhymes, sing songs, and make mistakes!

Pause to let your toddler finish a phrase or chant a refrain. Once your toddler is familiar with the rhyme or pattern, make mistakes on purpose and get caught.

Choose engaging books

Books featuring animals or machines invite movement and making sounds. Books with flaps or different textures to touch keep hands busy. Books with detailed illustrations or recurring items hidden in the pictures are great for exploring and discussing.

Every day is an adventure when you're a toddler

Choose books about everyday experiences and feelings. Your child will identify with the characters as they dress, eat, visit, nap, and play.

Ask questions

Take time to listen to your toddler's answers. Toddlers have strong opinions and interesting ideas about the world. Encourage your toddler to tell you what he or she thinks. You'll build language skills and learn what makes your toddler tick at the same time.

Play to their favourites

Read favourite stories again and again. Seek out books about things your toddler especially likes — trains, animals, the moon. These books may extend a toddler's attention span and build enthusiasm for reading.

Not having fun?

Try a different story or a different time during the day. Reading with a very young child is primarily about building positive experiences with books, not finishing every book you start.

Happy reading,
Cheers from Cheryl and Zipporah

Kindy News

Hi Families,

As you know we recently had a Prep teacher visit us in Kindy. This has brought up a lot of questions and conversations about school. So, I thought I would offer some information about what we have been doing in Kindy, how we have been beginning to prepare for school and what we will continue to learn about.

School Readiness "means each child enters school ready to engage in and benefit from early learning experiences that best promote the child's success"

Parents sometimes think that **school readiness** means being able to read, write and do basic maths before starting school. ... **School readiness** is about the development of the whole child - their social and emotional skills, physical skills, communication skills and cognitive skills

(Australian Government, Learning Potential).

Characteristics of school readiness behaviours occur daily in Kindergarten, these can include:

- Listening and following instructions
- Asking questions and joining in group time
- Identifying and communicating feelings
- Sharing thoughts and ideas
- Enthusiasm and a curiosity for learning
- Learning through storytelling and books
- Knowing how to share, take turns and ask for assistance when required
- Socialise and form relationships with other children
- Demonstrate independence and ownership over own belongings
- Fine and gross motor skills
- Demonstrate age appropriate self-control and ability to manage 'big' feelings

Where to next for Kindy...

- We will continue to encourage independence by looking after our own things, putting away our shoes, drink bottles and hats.
- Encouraging the sharing of own ideas and stories through group times and share circles.
- We will hold a lunchbox week in December.
- Continue to introduce early literacy and numeracy concepts

Reminders:

- Could families please remember to supply a wet bag as we won't be supplying plastic bags anymore.
- Also please ensure your child has a change of clothes or a t-shirt in their bag as it begins to warm up and longer tops are no longer needed.

Thanks! 😊



Until next time... Sarah, Kathleen and Angie



Cairns TAFE Community Child Care Centre

Our Philosophy:

Developing a passion for learning in the Early Years will enable children to continue to grow, learn and prosper throughout their future. At CTCCCC we will provide children with a safe, secure, natural environment where the foundations for learning through play will be the core to building resilient, confident, responsible, compassionate and capable decision makers. From the nurturing atmosphere of our nursery through to our Kindergarten our purpose is to transition children into the school environment who not only value themselves but who also value and respect family, community, nature, the environment, and learning.

Our values:

- We acknowledge the original custodians of this land, the Gimuy Walabura Yidinji and the Yirrangangi people. Indigenous history is rich in the Cairns region and the centre aims to promote greater understanding of local Aboriginal and Torres Strait Islander ways of knowing and being, while ensuring that other cultures are equally recognised and incorporated into our programs.
- Our Educators are responsible for the physical and emotional development, well-being, safety, and education of every child attending CTCCCC. Educators extend children's learning through incorporating their interests in the programs, role modelling, meaningful conversations, individual and group discussions and hands-on learning experiences.
- We believe that our Educators are the backbone of our centre and appreciate their individual strengths, knowledge, values, skills and vision for the children. We endeavour to support our Educators learning and development with ongoing education relating to their identified needs and best practices for children.
- Through our inclusive environment all children will have the opportunity to learn through play, make decisions and collaborate with peers and educators. We actively work to support the inclusion of all children including those with diverse abilities and disabilities, as well as those from all socio-economic, ethnic, and religious backgrounds and believe that by incorporating this diversity into our programs we enrich children's learning.
- Through reflection, discussions, meaningful documentation, and learning stories we celebrate children's play, discoveries and learning. We share milestones, achievements and celebrations with families through formal and informal conversations, displays, social media and individual online portfolios.
- Families are the first teachers and are encouraged to be active members of our centre community. Family's suggestions, ideas and involvement are welcomed and valued and its these partnerships that ensure the best outcome for their children.

COMMUNITY NOTICE BOARD

SHIELDS STREET MARKET CELEBRATING ROTARY DUCK RACE

Sat 28 sep 2019 Time: 8:00am - 4:00pm

**Location: Shields Street, between Abbott
and Grafton streets**

Category: Markets

**The regular Saturday Esplanade Market is
moving to Shields Street as part of the
Rotary Duck Race celebrations.**

**You'll find local, quality products from
contemporary jewellery, leather work,
pottery, clothes and skincare.**

EVENTS, NEWS & REMINDERS STRAIGHT TO YOUR DEVICE



**MY CAIRNS
DOWNLOAD IT FREE**

**Keep up to date with Local events with the free
MY CAIRNS App available on Google Play or the
Apple App Store.**

Bin collection changes

**Contact person: Cairns Regional Council Customer
Service Phone: 1800 69 22 47**

**From 2 September 2019, changes are being made
to the waste and recycling collection days affecting
over 5,000 properties in the following Cairns
suburbs.**

**If you live in one of these suburbs, use our bin day
look-up tool to search your address and find out if
you will be affected.**

- Bentley Park
- Cairns North
- East Trinity
- Edmonton
- Glen Boughton
- Gordonvale
- Green Hill
- Holloways Beach
- Machans Beach
- Manoora
- Manunda
- Packers Camp
- Smithfield
- Whitfield
- Wrights Creek

**Never miss bin night again! Receive reminders on
when to put your bin out by downloading the
MyCairns App.**

YAPS MONSTER CAR BOOT SALE

SUN 15 SEP 2019

Time: 10:00am - 4:00pm

Location: Yorkey's Knob Community Centre

Contact person: Diana Pettersen

Phone: 0438 567 548

**Yaps Fundraising Monster Car Boot Sale
Turn unwanted items into cash. Books,
Paintings, DVD's, second hand treasures.
Live entertainment, high tea, BBQ, face
painting, raffles and prizes, Additional stall
holders welcome.**

WALK FOR WOMEN'S CANCER

SUN 08 SEP 2019

Time: 8:00am - 11:00am

**Location: Salt House, Marina Point, 6/2
Pierpoint Road, Cairns**

**Walk for Women's Cancers is a family-
friendly, fun-walk for people of all ages and
abilities, held in support of Cancer Council
Queensland.**

**The Cairns event will kick-start from Salt
House, Cairns at 8am with participants taking
part in either a 3km or 6km walk.**

Registrations are from 7am.

**There is a full line up of activities. So bring
your picnic rug and get the whole family to
cheer you on!**