



Cairns TAFE Community Child Care Centre

AUGUST 2017

OFFICE NEWS

ABSENCES EXPLAINED

- You can receive/get CCB, CCR and JETCCFA for **42** absence days per child each financial year.
- Absences are any time the child is absent from the centre on one of their permanently booked days, this includes public holiday closures, there are 7 of these remaining between now and July 2018, illness and holidays.
- Allowable absences **don't** affect full fee paying parents.

WHAT IS AN ADDITIONAL ABSENCE DAY?

- You can also get CCB, CCR and JETCCFA for additional absence days once your initial 42 absence days have been used.
- illness of any family member, supported by medical certificates
 - rostered days off or rotating shift work
 - temporary closure of a school or pupil-free days
 - period of local emergency
 - shared care arrangements
 - exceptional circumstances.

WHY CALL IF YOUR AWAY?

When families provide us with notice of an absence this gives us the opportunity to offer that day to other parents or block students.

If we give away your booked day when absent you no longer have to pay for that day effectively saving you money.

So don't forget to call as early as possible, we often have a list of families waiting to take an extra day.

REMINDERS FOR JULY

- DO NOT LEAVE YOUR CHILDREN IN THE CAR
- CALL THE CENTRE IF YOUR CHILD IS ABSENT
- Committee meeting 16th August
- Working bee sign up
- Speech PD sign up

EARN AND LEARN

Earn and Learn starts on Wednesday 26th July 2017 at all Woolworths supermarkets. For every \$10 spent you get a sticker, you can then place stickers in our collection box in the front office and at Mt Sheridan Woolworths.

At the end of the promotion stickers are converted to currency to spend at Modern Teaching Aids, Australia's leading Educational suppliers.

HOLIDAYS

Families who are taking holidays can access a special holiday fee, which is half the families normal Gap fee; holiday fees are available for 20 days per financial year, per child and are included in the families allowable absence days.

COMMITTEE MEETINGS
Next meeting to be held
Wed 16th August at 6pm
in the staff room
ALL WELCOME
Child minding available

Have a
great month
Michelle

DIRECTOR'S NEWS

SPEECH AND LANGUAGE PROFESSIONAL DEVELOPMENT OPPORTUNITY

We have been fortunate enough to secure a professional development session to be held here at the centre with a local Speech Pathologist from Talk Time Speech and Language Pathology.

The session will be held on **Tuesday 29th August 2017** from **6pm to 7.30pm**

We have opened this session to interested parents, guardians and carers for a small fee of \$10 per person, refreshments and a small supper will be supplied, due to space numbers are limited to 20, so sign up quick if you don't want to miss out. (*sign up available in office*)

The session will cover the following aspects of speech and language:

- speech and language development, with loads of tips on how to optimise these;
- expectations and when to refer
- information on stuttering and how to respond.

The wonderful staff from Talk Time have been regulars in our centre for some time working with different families and all information presented is relevant to the 2 to 5 age group.

OPPORTUNITY TO BE INVOLVED

On the front desk, we now have a '**Staff member of the month**' bucket and a '**Parent Management Committee**' suggestion box.

We encourage families to use these to provide the committee with feedback, ideas, and suggestions and to vote for staff.

UNTIL NEXT
MONTH BARB

TOYS FROM HOME

I'd like to give a huge thank you to all our families for adhering to the toys from home rule it has made life at the centre a lot more pleasant as there has been less conflict between the children, to assist with those few children still struggling we have placed a basket outside the room to put and collect home toys etc from

House Keeping

We constantly have shoes and clothes in our lost property. **COULD YOU PLEASE REMEMBER TO WRITE YOUR CHILD'S NAME ON ALL SHOES AND CLOTHES.** Could you also bring a hat to daycare each day or leave one in your locker for when you next attend.

I have attached our exclusion policy to the newsletter to ensure you all understand when sick children need to be kept at home and what will happen if your child becomes ill while at the centre.

WORKING BEE

Our Annual working bee will be held on **SATURDAY 9TH SEPTEMBER 2017**
FROM 8AM TO 1PM

The work will focus mainly on our outdoor areas so bring along a shovel and some gloves and reduce your maintenance levy for our 3rd quarter by lending a hand.
Sign up in the office.

OZ HARVEST – RESCUE, EDUCATE, ENGAGE, INOVATE

“Volunteering with OzHarvest has been an incredible experience. I was always passionate about not letting good food go to waste but to save so much food from landfill and feed locals who need it at the same time is incredibly rewarding. Our first year has been hard work but the community support and impact certainly makes food rescue addictive.”

Jana Gorski, OzHarvest Cairns Coordinator

OzHarvest is the first perishable food rescue organisation in Australia that collects quality excess food from more than 2,000 commercial outlets and delivers it, direct and free of charge, to more than 800 charities. We provide much needed assistance to vulnerable men, women and children across Adelaide, Brisbane, Cairns, Canberra, Gold Coast, Melbourne, Newcastle, Perth and Sydney as well as regional areas through our regional food rescue program.

OzHarvest is the only food rescue organisation in Australia collecting surplus food from all types of food providers including fruit and vegetable markets, supermarkets, hotels, wholesalers, farmers, stadiums, corporate events, catering companies, shopping centres, delis, cafes, restaurants, film and TV shoots and boardrooms.

If you'd like to request OzHarvest to collect surplus food contact your local office on 0412 784 781 or alternatively email: cairns.info@ozharvest.org

SOME OZ HARVEST FOOD SAVING TIPS

- **Apples are best stored in the fridge. Cut out any bruises and if you have too many, make a delicious crumble or bake them.**
- Bread is the most wasted food in Australia, so only buy what you need and use straight from the freezer. Toast from frozen or for sandwiches leave for 10 minutes to defrost, whizz into breadcrumbs if hard or a bit stale.
- **Carrots should be stored in original packaging in the fridge and can be revived by trimming and placing in a glass of water until crisp.**
- Don't worry if your fridge looks a little bare. Shop smaller and more often to avoid waste and use everything before you fill it up again to save food, time and money.
- **Eggs are best stored in the fridge. To check for freshness place in a bowl of cold water: fresh eggs will sink, if it floats don't eat it!**
- Freezing food near its use by date is a great way to save food. Cook from the freezer at least once a week and use up frozen food within six months.
- **If you want to reduce food waste at home, plan your meals for the week, check what's in your fridge before shopping, write a list and stick to it! Don't be tempted by multi-buy offers.**
- Juice or blend overripe fruit into smoothies and enjoy or freeze for another day.
- **Quiches are a fantastic way to use up forgotten fridge foods. You can add pretty much anything, including potatoes, carrots and zucchinis.**
- Soup is the perfect way to use up all the wilting veggies at the bottom of the fridge. Add veggies to onions, herbs, spices, lentils along with stock and seasoning. Enjoy for lunch or freeze it for another day.
- **Vegetables do not always need peeling, try scrubbing instead and cook in the normal way – much more nutritious and less waste in the bin! Save onion skin and veggie ends in the freezer for home-made stock.**
- Zucchini is delicious when grated into pasta dishes, curries or stews. Store in the fridge in its original packaging

Stay healthy and have a great month Michelle, Candice and Barb

Nursery Natter

Hi, here we are again. Firstly, I would like to welcome Myah and her family to the Nursery Room.

We have been very busy in the nursery room. We have been exploring Australian Animals especially the kangaroos and koalas. One activity the babies are enjoying is stamping using stamps of kangaroos and koalas and emus.



Happy Birthday
to Lily who will
be turning 2 on
the 9th August.

We have also been doing water painting. The babies have painted the bike track, the shed even their play house.



Painting with water is one of those activities that kids absolutely love and can spend hours doing over and over again. It helps build their creativity and confidence to experiment and develop early writing skills. And all you need is a bit of sunshine, brush and water!

Some of our activities can sometimes become very messy, just a reminder to always put spare clothes in your babies bag and make sure all your babies belongings are labelled with their name.

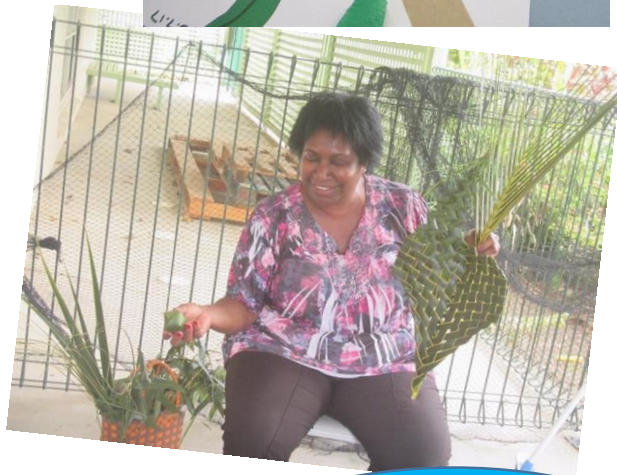
Please remember we have an open-door policy so please feel free to talk to myself or Rohana if you have any questions. Until next time, Kathy and Rohana

Toddler Torque

We started off July by celebrating NAIDOC week. We had face painting, NAIDOC themed craft, and Aizah's aunt came in to do some weaving with the kids. We have continued on with our NAIDOC celebrations by investigating Australian animals. We have been focusing mainly on Echidnas, Kangaroo's, Koalas and Emu's. The children have been learning about the different animals, habitats and what they eat. Have a look around the room for our Australian animal craft, and ask your child what they now about these animals.



In the coming weeks/months Maddie and I look forward to investigating sea creatures and magnets.



A note from Maddie: Thank you to the parents for a warm welcome in my first week in the toddler's room, I am really looking forward to the next 6 weeks.



Please remember to bring a hat for your child, clearly labelled with their name, we have a shortage of spare hats at the moment. And please bring enough spare clothes and nappies for your child each day.

Cheers from Miranda and Maddie

Preschool

Karly is on holidays

You have probably noticed that I am filling in for Karly whilst she is away on her epic holiday for the next 6 weeks. I must say how impressed I am with the pre-schoolers and I am enjoying teaching them and getting to know them all.

Please don't hesitate to chat with me at any time!

Magnets



We have set up a science area for our magnets the children are experimenting with what is magnetised and what is not. Kathleen set up an interesting experiment with bottles and magnets the children loved testing it out.

Happy Birthday
this month to
Archie, Olivia
and Elsa

Weather and Naidoc projects

The children are continuing with their weather and Naidoc interests, we have lots of ideas and plans to implement very soon.

Toys from home basket and art collection box

There is a basket in the foyer to place and collect toys from home please check it for anything your child may have brought in.

The art collection box is also outside our room in the foyer for children or parents to collect their artwork from to take home. Please have a look for your child's creations!

On the following page I have attached information regarding play based learning which is what our curriculum is based on. Please have a read to understand how and what children learn through play.

Until next month...**Cheryl and Kathleen** 😊

Play Based Learning

Why is play important?

Children learn best when they're having fun, and they are more likely to be having fun when they are playing. Children's learning is optimal when they're free to learn at their own pace and in their own way. It has previously been thought that educating children from an early age is ideal and that play has little value. Research indicates that a work-oriented, rigid approach to learning is not likely to help children develop a love of learning or provide the skills and attitude they need to be life-long learners. Play is the way in which children learn best.

What are the benefits of play?

- Play provides opportunities to improve fine motor and gross motor skills and maintain physical health.
- Play helps to develop imagination and creativity
- Play provides an environment in which to practise social skills
- Long periods of uninterrupted play build children's concentration and the inner motivation to take responsibility for their own learning.
- A positive sense of self is important in facilitating ongoing learning

What is play-based learning?

A play-based program does not mean that children just do what they like all day. A play-based program will look different throughout the day. At times children may play alone or with their friends. At other times children will come together as a group, listen when others are talking, follow the rules of the group and begin to take responsibility for their own actions and their environment.

What is the adult's role within a play-based program?

Within a play-based program, the adult's role is to guide and extend the play activities. Adults continually evaluate children's play to discover what it is children are learning and to then help shape and extend this learning. Materials are added to play by children or adults. Adults will ask questions to extend the play. They will interact and participate with children and their play.



Exclusion Policy

Policy Number Q.A 2.8

Link to National Quality Standard 2.1.4

RATIONAL

The centre aims to ensure the wellbeing of all the children and educators. Any child entering the centre must be well enough to participate in all activities throughout the day.

PROCEDURES

It is the responsibility of parents/guardians to ensure they do not send sick children to the centre for reasons being:

- The health and safety of **ALL** children is of major concern to educators and parents.
- The centre does not have separate facilities to care for sick children.
- Educator/child ratios prevent the educators from providing the degree of individual care and comfort that a sick child requires
- Prolonged individual attendance of a sick child is likely to risk the safety and well-being of the other children in care.

Educators will ask parents/guardians to take their children home if:

- they have a contagious illness
- The child is so unwell that they are unable to cope with the daily routine
- The child is unwell enough that they have been administered medication before attending the service
- If the child's temperature reaches 38.5 degrees

If, in the opinion of the educator, a child is not well enough to be at the Child Care Centre, the Centre Director or certified supervisor will notify the parents or guardian. A doctor's certificate may need to be provided stating the child is fit to return to the Centre, as agreed to by the parent on the Enrolment Form.

The child must be collected from the Centre immediately by parents or emergency contacts.

It is suggested that parents arrange for emergency care to cover the times a child is unable to attend the Centre because of ill health.

In the following cases, this is the procedure that educators will carry out:

Diarrhoea - The centre reserves the right to ask a child to be removed immediately after two consecutive diarrhoea motions.

Vomiting – At the discretion of the educator, the centre reserves the right to request collection of a child who has vomited.

A child who has vomited or had diarrhoea will be asked to stay home for 24 hours after the last motion has occurred.

High Temperature – If a child's temperature is 38.5 degrees Celsius or above, Panadol will be administered and/or appropriate practices will be carried out by educators to lower the temperature. Parents will be notified that the child has received Panadol or permission sought and parents will be asked to collect the child.

Heavy Cold – Should any child in the centre be suffering from a heavy and persisting cold (Purulent nasal discharge), the educator will contact the parent and ask for the child to be collected from the centre.

Conjunctivitis – children will be excluded until the discharge from the eyes has stopped.

Head lice – Refer to Head lice Policy

For other cases such as Conjunctivitis, ring worm, school sores etc please refer to Exclusion List in the foyer.

Links to other policies

- Child protection Policy
- Illness policy
- Work place health and safety policy

Source: Staying Healthy in Child Care Edition 5, 2012
Dept. Qld Health

Policy created date 06/07/07
Policy review date 28/7/2017