



**OFFICE NEWS**

**MOTHER'S DAY**

Mother's Day falls on Sunday May 14<sup>th</sup> this year so we will be having an afternoon tea on Friday 12<sup>th</sup> May at 3pm. This invitation is open to all mothers, grandmothers and aunts regardless of whether your child is booked in on this day or not. We would love to see you!

**COMMITTEE MEETINGS**

The next committee meeting will be on  
**Wednesday 10<sup>th</sup> May at 6pm**  
The June meeting will be held on  
**Wed 14<sup>th</sup> June at 6pm**  
Meetings are held in the staff room  
**ALL WELCOME**  
And child minding available

**REMINDERS FOR MAY**

- DO NOT LEAVE YOUR CHILDREN IN THE CAR
- Call the centre if your child is absent
- Bring in donations for the market stall
- Committee meeting 10<sup>th</sup> May
- Mother's day Afternoon tea Friday 12<sup>th</sup> May at 3pm

**PIRATE DAY**

This year we are celebrating Pirate day in support of the Kids cancer project. So on the 9<sup>th</sup> June we ask that you all come to day care dressed as a pirate.



**GOLD COIN DONATION**

Michelle

## DIRECTOR'S NEWS

### HOLLOWAYS MARKETS

For fundraising this year we are going to hold a stall at the Holloways Beach Markets. The market is held the second Sunday of every month and we are aiming to participate in July. We are asking for donations to sell at the markets. If you have any of the following to donate could you please drop them into the centre.

- Toys
- Clothes – children's or adults
- Books – children's or adults

ITEMS MUST BE IN A  
REASONABLE CONDITION FOR  
SALE

### ROUND THE WORLD TRIP

A very big thank you to all the families that attended our special afternoon tea on Thursday 13<sup>th</sup> April. We were all pleasantly surprised with the turn out and the amazing traditional foods that were supplied by families. The children seemed to enjoy the WORLD TRIP, collecting the stamps from the different countries for their passports.

Thank you also to the families that come in over the past months sharing their culture with the children and especially to all the educators that gathered information and resources to help teach the children about the different cultures we have at the centre. Great job ladies!

HAPPY MOTHER'S DAY  
TO ALL OUR MUMS!

UNTIL NEXT MONTH  
BARB

### DO YOU KNOW WHY WE LINK OUR OBSERVATIONS TO LEARNING OUTCOMES?

All early childhood services are assessed against the National Quality Standards. Quality Area 1 – 'Educational Program' states Curriculum decision making contributes to each child's learning and development outcomes in relation to their identity, connection with community, wellbeing, confidence as learners and effectiveness as communicators. When educators plan experiences they are planning for learning relevant the 5 outcomes of the Early Years Learning Framework to ensure their programs comply with legislation. They then evaluate experiences against the learning outcomes, this is why you see them linked to your child's learning stories on Educa. If you have any questions about the learning outcomes and how your child is progressing, see your child's educator.

## KITCHEN CAPERS

### Winter Menus

We will be changing over to our winter menus in the next couple of weeks. We have 6 weekly menus that we rotate to ensure variety. These menus are displayed outside the kitchen. If you have any ideas for healthy morning or afternoon tea snacks, or lunch ideas we would be happy to trial them. Email them through to use or drop them into the kitchen or office.

Thank you to Ever's mum who has given us some healthy recipes to try, this is one of her recipes below.

## RECIPE OF THE MONTH

### Plant Based Banana Bread Recipe: Healthy and Delicious



#### Wet Ingredients:

- 9 very ripe bananas (black spots ideal)
  - 3/4 cup maple syrup
- 1/3 cup coconut oil (melt if it's cold and hard)
- 1 cup unsweetened plain almond milk
  - 1/4 cup chia seeds
- 1 tablespoon apple cider vinegar
  - 1 tablespoon vanilla extract

#### Dry Ingredients:

- 1 cup millet flour (buy or make your own: grind 1 cup whole millet in blender until fine flour forms)
    - 1 cup rice flour (buy or make own: in blender as per millet directions above)
      - 2 teaspoons baking soda
      - 1 tablespoon baking powder
      - 1/2 teaspoon sea salt
      - 1/2 teaspoon ground nutmeg
    - 2 cups unsweetened shredded coconut flakes
1. Preheat oven to 180 degrees C
  2. In a large bowl mash 6 bananas until smooth. Stir in remaining wet ingredients; set aside.
  3. In a large bowl, combine all dry ingredients except coconut. Add dry ingredients to wet ingredients; stir until fully combined. Stir in coconut.
  4. Divide batter evenly between prepared loaf tins, smoothing out tops. Top each loaf with slices of remaining two bananas. Bake for 45 to 55 minutes, until a skewer inserted in center comes out clean. Cool in pan for 5 minutes before transferring to a wire rack to cool completely.
  5. Store loaves well-covered in the fridge.
  6. Serve. 😊

## Nursery Natter

Wow last month was a bit here and there, we had so many public holidays we hardly knew what day it was! We also had many children away on holidays or unwell and Kathy absent for nearly two weeks. Kathy will be back next week, so we will be back into routine. A big thank you to Maddi and Candice for helping out while Kathy was away.

### LEARNING THROUGH PLAY

What is now undeniably clear in the 21st century is that play is essential, vital, critical, and fundamental to a child's social, emotional, physical, and intellectual development.

Without adequate, healthy play, children run the risk of entering school unprepared, growing into teens and adults without needed skills, and failing to meet their potential. Experts at the Institute for Play believe that healthy play in childhood can even prevent violence.

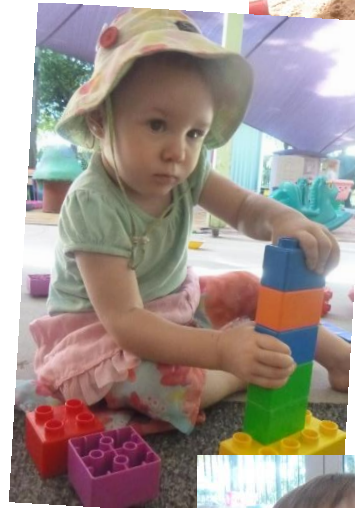
Through joyful, healthy play, children begin a love of learning and prepare for life itself.

The natural activity of early childhood, play is what children do and their way of life. For young children, there is no distinction between play and learning; they are one and the same. Playing is a priority in early childhood, yet not all play is the same.

Most experts agree that children's play can be divided into these categories:

- Active play: running, jumping, climbing, riding, and other use of large muscles.
- Quiet play: reading, stringing, coloring, etc.
- Cooperative or social play: games and activities that involve more than one.
- Solitary play: drawing, dreaming, or any activity that involves only one.
- Manipulative play: putting together puzzles, building with blocks, cutting and pasting, or any activity that involves eye-hand coordination or fine motor skills.
- Creative play: painting, molding, solving problems, making music, telling stories, or any activity that involves a child's imagination.
- Dramatic play: dress-up, make-believe, or any play that involves pretending.

[http://www.earlychildhoodnews.com/earlychildhood/article\\_view.aspx?ArticleID=591](http://www.earlychildhoodnews.com/earlychildhood/article_view.aspx?ArticleID=591)



**HAPPY MOTHER'S DAY TO ALL OUR MUMS AND  
HAPPY BIRTHDAY THIS MONTH TO CHARLIE,  
HEATH AND LACHLAN!**

**Until next time.....Rohana and Kathy**



## Toddler Torque

### *Rockets and space.*

The children are still interested in our space theme, we have watched many clips of rockets launching and found out a lot of information about the solar system. At the moment we are making little space ships and reading a story about a rocket. I have heard the toddlers playing outside pretending to blast off in their make believe rocket box in the sandpit.



### *Dress ups*

Thanks to Freshwater play group for donating their fun dress ups and mirror to us, the children are all enjoying. Playing, acting out imaginary roles and dancing in the costumes.



### *Mother's Day*

**We want to wish all our special mums a happy Mother's Day! We are busy working on our very special surprise for you. We hope to see you at the afternoon tea.**

**Cheers from Cheryl and Miranda.**

### *Communication book*

I have introduced a communication book for families because we work different shifts I know some mornings/afternoons it can be difficult for you to track us down so please record any reminders, notes, requests, questions, information or comments you would like to pass on to us and we shall get back to you as soon as possible. The book is on the shelf next to the sign in sheets please feel free to use it.

### *Reminders*

During toilet training we need to be prepared for many accidents. Please provide at least 4 named changes of clothes and underwear when your child is toilet training. If you are considering or wanting to know anything regarding toilet training, like when and how to begin, I have an information pamphlet that could answer all of your questions.



### *Who is new in our room.*

Hannah, Teo and Charlie are new to the toddler room, welcome to you and your families, it's great to have in our group.

## Preschool

April has just flown past like a flash with so many long weekends and short weeks it hardly feels like our feet have touched the ground!

We have been interested in acting, singing, dress ups and role play lately with so many eclectic performances happening both in the yard and on the stage on the verandah. Some of the children have been singing songs while others are dancing or acting to the song which has been very amazing to see.



We were very lucky to have a visit from Olive's grandparents who came in to show us some Chinese calligraphy and teach us some Chinese words. A big Thank you to them, this was a fantastic cultural experience!



We have also set up a "SINK or FLOAT" station in the room and there have been a lot of discussions around why things sink and why things float. The children have been able to use this area at their leisure and have enjoyed experimenting with cause and effect.

At the moment we are really working on our fine motor skills by doing a lot of cutting, play doh, colouring in, painting, paper craft and good old drawing! We are preparing important skills for when we begin to start writing. The best way for you to help promote these and other hand-related skills is to provide your child with a wide range of materials to manipulate. Good choices include blocks (especially the interlocking types like magnetic blocks, Legos, bristle blocks, Tinker Toys, and construction straws), crayons, nontoxic and washable markers and paints, paste, glue, modelling clay, an easel, construction paper, safety scissors, colouring books, and simple sewing cards.

**Happy Birthday to Asha and Elyse this month.**

Until next month...**Karly, Kathleen, Angie and Jelenka.** 😊