



Cairns TAFE Community Child Care Centre

JULY 2016

OFFICE NEWS

FEE INCREASE

Our annual fee increase will be implemented on Monday 11th July 2016.

Fees for each room will be increased by \$1 a day.

Preschool \$82

Toddlers \$83

Nursery \$ 84

FEE STATEMENTS

Over the next couple of weeks' families will see changes to their child care fees.

This is due to the centres fee increase, increase to the CCB hourly rate to \$4.24 per hour and updated income estimates provided to Centrelink by families for the 2016/2017 financial year. Once we have received data back from Centrelink during the week starting the 18th July 2016, we will print a statement for each family highlighting your new weekly fee.

If you have any questions or concerns in regards to this, please come and see us.

SIGN IN AND OUT

We would like to remind all of our families about the importance of signing in and out each day. This is government legislation set down by Centrelink and is enforceable; Failure to sign in and out can result in CCB & CCR being removed for unsigned days, this can happen during a Centrelink audit and will result in a Centrelink debt or garnishing of your tax return.

Centre staff follow up unsigned days as a courtesy, however in the instance of a spot check we would have quite a few families that would be in fault.

PARENT MANAGEMENT COMMITTEE

NEXT MEETING:
July /Aug: TBA (look for notice soon on front door)

TYPE: General Meeting
TIME: 6pm

The centre provides free child minding for all meetings.
All parents and guardians are welcome.

REMINDERS FOR JULY

- PUBLIC HOLIDAY - SHOW DAY FRIDAY 22nd JULY
- Levy jobs still available
- Ditto Show Monday 4th July.
- Zoo to you 18th July

BRAVEHEARTS

Ditto and Torres from Bravehearts will be visiting our centre on Monday 4th July at 9.30. Each year they come and visit the preschool children to teach them about 'Keeping Safe'. A notice to explain what the show entails has been placed in each child's pocket that attends on the day. If you do not want your child to attend let a staff member know. Also if it is not your booked day and you would like your child to attend just let us know. Parents are welcome to come along for the show.

Have a great month,
Michelle

MENU REVIEWS

A very big thank you to those families that gave us some advice and ideas while reviewing our Winter menus. They are now up and running and both educators and the children seem very pleased with the changes. Please stop and have a look, as the menus are always displayed just outside the kitchen.

EDUCATOR PROFESSIONAL DEVELOPMENT

To coincide with our menu reviews, educators have been partaking in online training in regards to the serving of food. The training consists of two courses

- Food Safety Training for Early Years Education – Nutrition Australia
- Feeding Kids in Childcare – Kids Dig Food

These courses importantly educate staff about food safety in regards to storage, handling and the serving of food but also about nutrition, normal eating behaviours in children and positive meal times.

Until next
month
Barb

Mutual benefits of partnerships in Early Childhood Settings

Working together can help families and staff trust one another and communicate openly. When information is shared, families and staff are able to gain a deeper understanding of:

- how to work together to support children and their learning
- children's behaviour at home and at the early childhood service
- what children enjoy and what their strengths are
- resources for addressing children's difficulties

Interacting within a partnership helps families and staff:

- feel welcome, respected and valued
- feel comfortable, confident and supported in their roles
- feel a sense of satisfaction from the trust others place in them
- work through differences, allowing adults to continue working together to support children
- benefit from the resources, ideas and energy that others provide
- benefit from shared decision-making
- see things from other people's perspectives & develop strong connections with children & feel a sense of satisfaction when children explore, learn and develop their skills
- have more opportunities to discuss child development.

REF: Kids Matter

VISITORS TO THE CENTRE.....

Last month we were lucky enough to have Mark Stewart come and perform 'Drum Beat' with many different drums and we also had a yoga class which the children loved. This month Bravehearts is coming to present the Ditto Show to the Preschool room on Monday 4th July and Zoo to You is bringing their insects and mini beasts show on the 18th July.

KITCHEN CAPERS

The **Division of Responsibility in Feeding**, developed by Ellyn Satter (US Registered Dietitian) defines clearly the role of the parent or carer and the role of the child in the feeding relationship:

The **Parent or Carer** is responsible for the WHAT, WHEN and WHERE of feeding.

Child is responsible for the HOW MUCH and WHETHER of eating.

Read more about the Division of Responsibility in Feeding

HERE: <http://ellynsatterinstitute.org/dor/divisionofresponsibilityinfeeding.php>

Children eat best at meal and snack times when parents and carers provide structure around the what, when and where of feeding and let the child do their jobs in eating. It looks like this:

Parents and carer's feeding jobs:

What – the parent/carer decides what food will be on offer at each meal or snack.

When – the parent/carer provides food at meal and snack times spaced approximately 2-3 hours apart. Children do best with eating when they come to the table hungry, but not ravenous. Allowing grazing between meals does not allow children to build up an appetite or experience what it's like to feel hungry or satisfied.

Where – the parent/carer provides a relaxed and distraction-free environment for meals and eating. Whenever possible, parents/carers should eat WITH children. Children learn so much more about food and eating if we eat with them.

Child's feeding jobs:

How much – the child decides how much to eat from the foods on offer.

Whether – the child decides whether to eat or not.

Cheese and chive scones

- 3 1/2 cups wholemeal self-raising flour
- 1 teaspoon salt
- 60g butter, chopped
- 1 1/2 cups milk
- 2 tablespoons finely chopped fresh chives
- 1 teaspoon dried mixed herbs
- 2/3 cup grated tasty cheese
- extra milk, for brushing

Preheat oven to 220°C/200°C fan-forced. Grease and flour an 18cm x 28cm (base) slice pan.

Place flour and salt in a large bowl. Add butter. Rub butter into flour until mixture resembles breadcrumbs. Make a well in the centre. Add milk, chives, dried herbs and 3/4 of the cheese. Using a flat-bladed knife, stir until dough almost comes together. Turn out onto a lightly floured surface.

Knead gently until dough comes together. Press out to a 3cm-thick round. Dip a 6cm round cutter into flour. Cut out scones. Gently press leftover dough pieces together and repeat to make a total 12 scones.

Place scones, just touching, in prepared pan. Brush with extra milk. Sprinkle with remaining cheese. Bake for 15 to 20 minutes or until light golden and hollow when tapped on top. Serve with butter.



Enjoy some winter foods in the cooler weather, until next month Michelle, Candice and Barb

Nursery Natter

Here we are again, now in to the second half of the year, 'how fast is this year going'.
We would like to welcome Lily and her family to the Nursery Room.

Happy
Birthday to
Arthur who is
turning one
on the 7th
July.

As the babies love watching the birds when they come to visit our yard, we have made some Bird Feeders to hang in our trees. Firstly we collected some tins for the babies to paint with nice bright colours, they then got to put handfuls of seed into the feeders, and then it was my turn to hang them in the trees.



Please make sure you put extra clothes in your baby's bag, as some of our activities could be a little messy. Also make sure your baby's items are clearly marked with their name. Please remember we have an open door policy, and are available for any questions you may have.

Our home corner is always busy, the baby dolls need to have their bottles, put to sleep in their cots and get to go shopping in their prams.



Dramatic Play requires two skills.

Representational skills: This is when children use objects and materials to support their pretend play.

These representational skills are closely linked with cognitive development, in that as a child's mind matures the purpose of the objects, and the way in which they are used, becomes more abstract. During dramatic play, infants and younger children use objects at 'face value'.

Role Playing: This builds on representational skills by including the use of language, actions and dress. Role playing for infants and toddlers often involves imitating the actions, facial expressions and language of peers and adults, especially when relating to everyday tasks such as eating and drinking.

Bye until next time, **Kathy, Nar Maya and Jelenka**

Toddler Torque

What are we going to be learning?

I am planning to set up an Aboriginal and Torres Strait interactive display area in our room to coincide with our local communities NAIDOC week celebrations.

NAIDOC week celebrates the history, culture and achievements of Aboriginal and Torres Strait Islander people, NAIDOC are celebrated not only in Indigenous communities but by Australians from all walks of life.

A principle from our Early Years Learning Framework for Australia states;

Principle 4. Respect for diversity.

There are many ways of living, being and of knowing. Children are born belonging to a culture, which is not only influenced by traditional practices, heritage and ancestral knowledge, but also by the experiences, values and beliefs of individual families and communities. Respecting diversity means within the curriculum valuing and reflecting the practices values and beliefs of families. Educators honour the histories, cultures, languages, traditions, child rearing practices and lifestyle choices of families.

Happy Birthday.



To Aaylie who will be 3 on the 2nd, Eliza who will be 2 on the 3rd and Mithun who will be 3 on the 11th of July. Hip hip hooray and a big Happy Birthday to you all.

Transitions.

Zixi has moved into the Pre-school and Zenzi will begin transitioning after her holiday. We shall miss you both in the toddler room and we wish you well.

Drum show visit.

We were lucky to have a special drum man come and introduce his drums from all around the world. It was an interesting, creative and sometimes loud show. The children got to interact with them, they had lots of fun playing the instruments, dancing and clapping.



**Cheers from
Cheryl and Miranda**

Preschool

Hello again, another month has passed by so quickly. We have a couple of new interests this month. We are learning about bugs and insects. We have a bug and insect area set up next to the back door if you would like to check it out. So far we have been examining bugs under our microscope and magnifying glass and making our own bugs using new and recycled materials.



Last week we had Mark Stewart come to the centre to perform his amazing drum show Drumbeat. In this time-tested show, Mark proves that although everyone can play percussion, there certainly is an art to hitting things. With cowbells, castanets, bongos and anything else he can find, Mark teaches children the value of music and rhythm.

Recently, we have just opened our pet clinic also located just inside of the back door. We have made pet cages to house our pets, pet birds and an examination table. We have medication for sick animals, computers and phones to take appointments and an Xray viewing area. The children have enjoyed dressing up as vets and tending to their sick animals.



This week we were really lucky to have Yana visit us and teach us some Yoga through a story about Spritz the dragon. It was a bit tricky at times but we all gave it a really good go!

Yoga helps kids to:

- Develop body awareness.
- Learn how to use their bodies in a healthy way.
- Manage stress through breathing, awareness, meditation and healthy movement.
- Build concentration.
- Increase their confidence and positive self-image.
- Feel part of a healthy, non-competitive group.



We have a couple of new children join us this month in the preschool room. Welcome to Jiwoo, Enoka, Asha, Zixi, Taj and their families!

Happy Birthday to Leszin, Aadi, Samuel Spencer and Elyssa!

Karly, Kathleen, Hedy and Angie